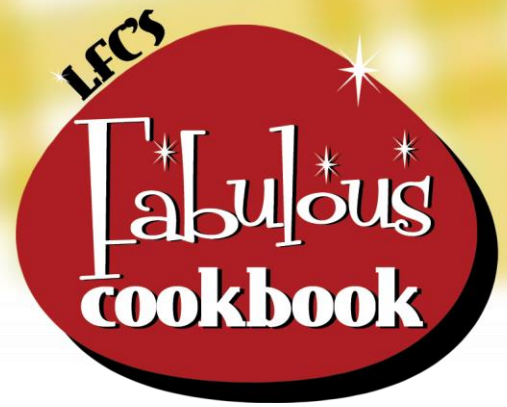


THREE BEAN SALAD

MARTIN FAMILY



Ingredients

Green beans, drained 1 can
Yellow wax beans, drained 1 can
Kidney beans, drained/rinsed 1 can
Water chestnuts, sliced 1 can
Onions, sliced thin 1/2 cup
Green pepper, sliced thin 1/2 cup
Marinade:
 sugar 1/2 cup
 corn oil or olive oil 1/3 cup
 vinegar 1/3 cup
 salt 1 tsp
 pepper 1/4 tsp

Instructions

Combine vegetables. Mix marinade and pour over vegetables.
Gently mix to coat. Cover and chill in refrigerator at least 12 hrs before serving.

Options:

- add 1 cup grated carrots
- add 1 can of chickpeas, drained